



Conference Tuition:

Physician **\$150.00**

Nurse and Allied health personnel **\$75.00**

SSM Health Nurses, SLU Residents please call to register for tuition discount.

Registration Information

Online (Credit Card Only):

Go to www.ssmhealth.com, click on "Classes & Events" and enter key word "Addiction"

By Phone:

(Credit Card Only): Call **1-866-SSM-DOCS**

By Mail (Check or money order):

Must be **in mail no later than April 21**
(subject to space availability)

Please complete the registration form and mail with check or money order made payable to:

Addiction Medicine: Caring for the Mother - Infant Dyad

SSM Health and Wellness
10176 Corporate Square Suite 270
St. Louis, MO 63132

Lodging Reservation Options

Hotel Ignacio
3411 Olive St. | St. Louis, MO 63103
314-977-4411

Group Name: **OB/Peds Conference**

Rate **\$155.00/night**
(for any reservation questions ask for Amber)

Non-Profit Org.
U.S. Postage
PAID

St. Louis, MO
Permit No. 2406

SSM Health St. Mary's Hospital
6420 Clayton Road
St. Louis, MO 63117

Nursing Contact Hours

SSM Health Cardinal Glennon Children's Hospital is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program has been approved for 6.0 contact hours.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Saint Louis University School of Medicine and SSM Health. Saint Louis University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

American Medical Association

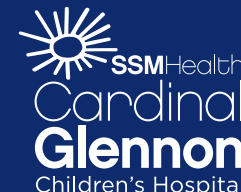
Saint Louis University School of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Conference goal:

To provide education and awareness of a national problem impacting our community. Through education, treatment and understanding of disease we bring hope and improved outcomes to the women and families we serve.

Primary audience:

Physicians, nurses and staff specializing in obstetrics, level one, two or three nurseries and pediatrics who are caring for mothers and their newborns facing opioid substance abuse and withdrawal.



Helping pregnant women overcome addiction. Giving babies the best possible start.

The WISH Center

The new WISH (Women and Infant Substance Help) Center is located on the campus of SSM Health St. Mary's Hospital and provides comprehensive, high-risk maternity care for women who are dependent on opioid drugs. It features ultrasound, fetal monitoring, examination rooms and a private, comfortable room for initiating treatment. It is the only facility of its kind in the St. Louis region.

Addiction Medicine: Caring for the Mother Infant - Dyad

May 12, 2017

Moulin Event Center

2017 Chouteau Ave | St. Louis, MO 63103



Keynote Speakers

Mona R. Prasad, DO, MPH

Clinical Associate Professor, Department of OB/GYN, Division of MFM, The Ohio State University, Columbus, OH

Mona Prasad, DO, MPH, is a maternal fetal medicine specialist in the Mount Carmel Health System, and clinical associate professor of obstetrics and gynecology in the Department of Obstetrics and Gynecology at The Ohio State University Wexner Medical Center. She has been the Medical Director of STEPP (Substance Abuse, Treatment, Education and Prevention Program) Clinic at Ohio State since 2010. Since that time she has provided obstetric care simultaneously with medication assisted treatment for greater than 500 women with opiate use disorder.

Dr. Prasad completed her Master of Public Health in Hospital and Molecular Epidemiology at the University of Michigan. She earned her Doctor of Osteopathic Medicine at Midwestern University-Arizona College of Osteopathic Medicine and completed residency and fellowship training at Ohio State. After completing her Maternal Fetal Medicine Fellowship, she stayed to join the faculty in the Department of OB/GYN. She has recently transitioned to a clinical role in the Mount Carmel Health System, but she remains active in research involving Hepatitis C and Pregnancy and Substance Abuse, is medical director of the Substance Abuse Treatment, Education and Prevention Clinic and enjoys teaching at the medical student and resident levels. She is active in the Ohio Perinatal Quality Collaborative, currently facilitating the spread of maternal care homes focusing on treatment of women with opiate use disorder throughout the state of Ohio.

Dr. Prasad is married and currently raising two young daughters. She remains grateful to have a role in caring for pregnant women with opiate use disorder: a role initiated out of need, grew into a passion, and now responsible for advocating for this vulnerable population.

Jill Mahy, RN, MSN

Senior Practice Leader Fir Square Vancouver British Columbia

Jill Mahy, RN, BSN, MSN is the Senior practice leader at British Columbia Women's Hospital with ongoing teaching responsibilities at British Columbia Institute of Technology and University of British Columbia. She received her Masters of Nursing from the University of British Columbia and has had research focus in Maternal Infant Health and Perinatal substance Abuse. She has been instrumental in program development aimed at improving health and education for women and children.

She has practiced in the area of family and women's health care in the community and hospital settings for many years. She believes in supporting all at risk women and their families in accessing optimal and enhanced healthcare through leadership, best practice, advocacy and ongoing education. She practices the promotion of evidence based health, harm reduction and wellness, striving for nursing expertise within a collaborative and interdisciplinary process. She seeks out challenges and enjoys sharing her ongoing experiences in a variety of areas such as socially complex families and perinatal substance use within the health care team and the population that they serve.

Conference Schedule

8 - 8:30 am	Registration Exhibits Continental Breakfast
8:30 - 8:50 am	Welcome Background of Addiction and NAS Kim Spence, MD
8:50 - 9:35 am	The Neurobiology of Addiction Jaye Shyken, MD <i>Associate Professor of Obstetrics and Gynecology, St. Louis University School of Medicine, Division of Maternal fetal Medicine. Founding and Current Medical Director WISH Clinic SSM Health St. Mary's Hospital</i> Understand mechanisms of drug addiction both acutely and long term. Be aware of basic brain neurochemistry and the concept of addiction as a brain disease. Understand the role of treatment and medication in the assistance of narcotic addiction.
9:35 - 10:30 am	Medication Assisted Treatment Options for Pregnant Women with Opiate Use Disorder Mona R. Prasad, DO, MPH At the end of the lecture, the attendee should have a good understanding of the rationale for treatment of pregnant women with opiate use disorder, the medications available for use and practical strategies for care when dealing with common clinical scenarios.
10:30 - 10:45 am	Break
Concurrent Sessions	
10:45 - 11:45 am	Motivational Interviewing and Engaging Mothers Struggling with Addiction Part 1 Ryan R. Lindsay, MSW, LCSW, COO/CO <i>Founder of St. Louis Center for Family Development, Assistant Dean for Social Work, Associate Professor of Practice, Mental Health Concentration Chair, George Warren Brown School of Social Work, Washington University St. Louis.</i> Motivational Interviewing is a highly effective easy to engage individuals in the change journey. There is nothing more critical than helping a new mother overcome addiction in order to more effectively lay the nurturing groundwork for later development. Addiction interferes in bonding, connection, attachment and attunement. Learning to implement Motivational Interviewing in one's practice creates the atmosphere and context that most likely will lead to change, in turn leading to better outcomes for mon and baby and satisfaction in one's job as a helper. The Perils and Pitfalls of Finnegan Scoring Mary E. Hope, RN, BSN <i>Neonatal Outreach Educator Cardinal Glennon Children's Hospital</i> Gain a better understanding of the Finnegan/Modified Finnegan scoring tool and confidence in the examination of infants withdrawing from opioid exposure. Understand inter-observer reliability in scoring infants with NAS and how to implement scoring with parent involvement.

Conference Schedule

11:45 am - 12:15 pm	Lunch
Concurrent Sessions	
12:15 - 1:30 pm	Motivational Interviewing and Engaging Mothers Struggling with Addiction Part 2 Ryan R. Lindsay, MSW, LCSW Keep Calm and Sleep On: Non-Pharmacological Methods to Calm the Infant with NAS Susan Stuppy, OTR/L, MsEd <i>Occupational Therapy</i> How can we help the families with calming newborns who have been exposed to drugs in the womb? This interactive presentation will focus on several methods for assisting families/nurses with keeping infants calm and relaxed. Through demonstration of these techniques, the participant will learn how to help the families and babies going through drug withdrawal. Pharmacological Management of NAS Kimberly Spence, MD <i>Associate Professor, Department of Pediatrics, Division of Neonatal-Perinatal Medicine, St. Louis University School of Medicine, Team Leader NAS Task Force SSM Health St. Mary's Hospital and Cardinal Glennon Hospital St. Louis</i> Laurie A. Niewoehner, Pharm.D. <i>Clinical Pharmacy Specialist, Maternal Fetal Health, SSM Health St. Mary's Hospital NICU/High Risk OB</i> Pediatricians and nurses will be able to choose the appropriate medications and manage dosing to treat NAS.
1:30 - 1:45 pm	Break
General Sessions	
1:45 - 2:30 pm	Breastfeeding – More Than Milk Rebecca Boedeker, RN, MSN, IBCLC <i>Lactation Consultant, SSM Health St. Mary's Hospital St. Louis</i> Discuss when a mother struggling with addiction should be encouraged to breastfeed. Address misconceptions regarding the amount and effects of methadone and buprenorphine in mother's milk. Review how breastfeeding and mother's milk can both help decrease symptoms of NAS
2:30 - 3:45 pm	Perinatal Substance Use: Programs that work for British Columbia Women and Families Jill Mahy, RN, BSN, MSN <i>Program Manager and Senior Practice Leader, British Columbia Health Center and Hospital</i> Learn about the British Columbia Women's Health Center and Hospital's Perinatal Substance Use Program and their care for women, newborns and families from hospital to community. Understand perinatal substance use with a harm reduction approach.
3:45 - 4 pm	Wrap up and evaluations



Registration

Pre-registration is required, space is limited

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Registration Form

Pre-Registration is required! (space is limited)

Please print all information clearly

Name
Credentials
Hospital/Agency
Mailing Address
City/State/ZIP
Personal Phone
Business Phone
Email

Boxed lunch provided

Coffee, Tea and Water will be provided throughout the day